# BULLYING IN THE WORKPLACE

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ASSESSMENT – BULLYING IN THE WORKPLACE

Name: .................................................................

Date: .................................................................

I.D. (if applicable): ................................................

Score

1. Workplace bullying can have _________ effects on anyone subjected to it.
   a) Fun
   b) No
   c) Severe
   d) Enjoyable

2. Repeated verbal attacks, which include insults or jokes aimed at a person's _________ can be bullying behaviour:
   a) Family
   b) Sex
   c) Religion
   d) All of these answers

3. An example of a less obvious form of bullying is giving a co-worker a pointless ____________
   a) Gift
   b) Task
   c) Idea
   d) Statement

4. Which of these is not an example of bullying behaviour?
   a) Intimidating others
   b) Threatening someone
   c) Giving a compliment
   d) Physical assault
5. Preventing bullying in the workplace begins with good organisational _________________
   a) Policies  
   b) Design  
   c) Staff  
   d) Disciplinary actions

6. Reporting of bullying behaviour in the workplace should be _________________
   a) Discouraged  
   b) Encouraged  
   c) Eliminated  
   d) Written not verbal

7. If a case of bullying is identified in your workplace, what is the first step?
   a) Call the police  
   b) Self defence  
   c) Follow your organisation’s bullying policy  
   d) Mediation

8. If you were to experience bullying, when is it acceptable to approach the bully personally about their behaviour?
   a) Any time  
   b) Never  
   c) Only if the police are present  
   d) Only if you feel safe

9. Which of these is a formal action that can be taken to resolve a bullying issue?
   a) Official Mediation  
   b) Dispute resolution  
   c) Individual training  
   d) All of these answers

10. Is bullying ever acceptable in a workplace?
    a) Yes, if it is defined as strong management  
    b) Yes, if it’s just a joke  
    c) No  
    d) It depends on who is getting bullied